



## **RACE OFFICIAL RULES**

### **LA TOUR GENÈVE TRIATHLON 2025**

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## Article 1 - Organisation

The 35th edition of the La Tour Genève Triathlon (hereinafter referred to as “the Event”) will be organized on 5 and 6 July 2024 by the Geneva International Triathlon Association, in partnership with OC Sport Suisse Sàrl (hereinafter referred to as “the Organiser”)

## Article 2 – Race Programme

There are several different races on the event programme: \*

### Saturday, July 5, 2025:

- **Standard:** 1.5km swim, 40km bike and 10km run
- **Discovery:** 250m swim, 10km bike and 2.5km run
- **Short:** 500m swim, 20km bike and 5km run
- **Youth League :** 500m swim, 10km bike and 2.5km run

### Sunday, July 6, 2025:

- **Half-Distance:** 1.9km swim, 90km bike and 21.1km run
- **Kidsathlon (aquathlon) 6-10 years old:** 50m swim and 500m run
- **Écoliers (aquathlon) 11-13 years old:** 200m swim and 1.5km run

\*Race programme is subject to change until the day of the event

### Relay with 2 or 3 participants

In all race formats (except for the Écoliers and Kidsathlon formats), participants can run the race with 2 or 3 other participants. Each participant will have to pass on the transponder to the next participant in the transition zone. This will register the time of each participant according to his discipline.

## Article 3 - Rules by discipline

To enter the transition zone, each participant will have to present himself to a volunteer or a member of the organization in order to formalize his entry. He will check that the participant has his bib with a visible bib number and that he is compliant with the use of his race equipment. This checkpoint is mandatory to enter the transition zone, and will be lead by a member of the organization.

Headphones are prohibited throughout all disciplines.

- **Swimming:** All swimming styles are allowed. The use of an official swim cap, provided by the organization, is mandatory. Swimming goggles are allowed.

All artificial aids such as snorkels, flippers, life jackets, swimmies, gloves, paddles, pull buoys or any other equipment to help you float are prohibited, as is the covering of hands and feet.

**Wearing a wetsuit is compulsory or forbidden under certain conditions. The air and water temperatures will be taken by referees and averaged. If the average temperature is 15.9°C or less, wetsuits must be worn (valid for both adult and children's races). If the average temperature is over 24.5°C, wetsuits are forbidden. Swimming event cancelled if water temperature is 11.9°C or below. (example: water temperature 22, air temperature 13, so the reference temperature is 17.5, the wetsuit is not compulsory).**

- **Cycling:** all types of traditional bicycles are allowed: this includes time trial or mountain bikes, but does not include recumbent bicycles for example.

Fixies (without brakes) and E-bikes are not allowed. This bike must have two full and separate braking systems: a lever and caliper for the front, a lever and caliper for the rear.

Extensions are only allowed if they do not extend beyond the front end of the wheel. All bars must be fitted with end caps. Equipment will be checked at the entrance of the transition zone.

A helmet must be worn at all times while the athlete is in possession of the bike, including the transition zone.

A mount line / dismount line will be clearly marked at the entrance and exit of the transition area. It is forbidden to get on your bike before the designated mount line. It is mandatory to get off the bike at the designated descent line.

Drafting is strictly forbidden and sanctions may be taken in case of non-compliance with this rule.

*Definition of drafting : drafting, officially called "suction-sheltering", consists in riding sufficiently close behind another cyclist, a group of cyclists, or even a vehicle, in order to benefit from the aerodynamic phenomenon of suction.*

- **Running:** helmets are forbidden. The race number must be worn on the front and not folded. Accompaniment by a third party is forbidden.

## **Article 4 - Registration - Entries**

Participants can register online for all races on the Event website (<https://www.latourgenevetriathlon.ch/>) until Friday 4 July 2025, the day before the Event.

Participants are registered in the order in which payments are received. However, a maximum number of participants per race may be set by the Organisation. Once this maximum has been reached, entries will no longer be accepted. If the amount of participants has to be reduced, entries will be prioritized according to the date of entry, on a "first come, first served" basis.

Anyone entering one of the races in the La Tour Genève Triathlon must be well trained and in good health. It is therefore strongly recommended that all participants undergo a medical check-up and seek medical advice before starting.

Incomplete registration forms: For all registration forms that are incomplete when the start number is collected, the participant will not be able to collect his or her start number and will therefore only be able to take part in the Event on presentation of the missing document. No reimbursement will be made in this case.

As all registrations are firm and definitive, no reimbursement will be made in the event of a registration error, unavailability for medical reasons, etc.

Any person transferring their race number to a third party will be held responsible in the event of an accident occurring or caused by the third party during the Event. The Organisation declines all responsibility in the event of an accident of this type.

Exception: In order to encourage the participation of women in our events, the Organisation authorizes the deferral of registration for the 2026 or 2027 edition for pregnant women who can no longer take part in the 2025 edition, on presentation of a pregnancy certificate.

## **Article 5 - Access to races and age categories**

- The Kidsathlon (aquathlon) 6-10 years old is open to licensed and non-licensed triathletes, born between January 1st 2015 and December 31st 2019.
- The Écoliers race (aquathlon) 11-13 years old is open to licensed and unlicensed triathletes born between January 1st 2012 and December 31st 2014.
- The Discovery is open to licensed and unlicensed triathletes born before December 31, 2011.
- The Short is open to licensed and non-licensed triathletes born before December 31,

2009.

- The Standard is open to licensed and unlicensed triathletes born before December 31, 2007.
- The Half-distance is open to licensed and unlicensed triathletes born before December 31, 2007.

## **Article 6 - Bib collection**

Bibs are to be collected on Friday 4 July, Saturday 5 July, and Sunday 6 July 2025, only on presentation of valid proof of identity and the collection voucher provided by the Organisers. This bib coupon will be sent, exclusively by e-mail, to the e-mail address provided by the participant when registering.

For the relay races, only one member of the team may collect the envelope containing the transponder, cap and race numbers.

If the participant is unable to collect his or her race number in person a third party may do so. The third party must have a copy of the participant's identity document and the personal bib coupon sent by email one week before the Event.

**Bibs will under no circumstance be sent by post.**

## **Article 7 - Wearing the bib and transponder**

The athlete must pick up his bib before the race and display it in a visible and distinct manner throughout the competition.

Wearing the bib is mandatory during the cycling and the running race under penalty of disqualification. The participant's bib number must be written on the arm during the swimming part. During the cycling part, the bib must be worn on the back, with the sticker on the seatpost and the label on the front of the helmet. The bib must be visible on the runner's stomach for the run course.

A transponder (chip to be attached to the ankle) will be provided to you when you pick up your bib. It is imperative during the entire competition period or you will be disqualified and/or will not be able to count your time officially.

## Article 8 - Race times

The time limits for each race are as follows

- Discovery format:

The entire race must be completed in under **1 hour and 20 minutes**. For a better organization of the times, here are the precise time barriers:

- Finish swim before 18h20 (20min race)
- End of bike course (transition 2) before 7 p.m. (i.e. 1h race, and 40 min bike ride at an average speed of 17km/h)
- Finish before 7:20 p.m. (i.e. 1h20 run, 20 min run at 7.5km/h average speed)

The above time limits take into account the time of the last starters as a reference. Any participant who fails to complete the entire course will be downgraded in the final ranking.

- Short format:

The entire race must be completed in under **2 hours and 30 minutes**. For a better organization of the times, here are the precise time barriers:

- Finish swim before 2:40 pm (40min race)
- End of bike course (transition 2) before 3:40 p.m. (i.e. 1h40 race, and 1h bike ride at an average speed of 22km/h)
- Finish before 4:30 p.m. (i.e. 2h30 run, 50 min run at 7.5km/h average speed)

The above time limits take into account the time of the last starters as a reference. Any participant who fails to complete the entire course will be downgraded in the final ranking.

- Standard format:

The entire race must be completed in under **4 hours and 30 minutes**. For a better organization of the times, here are the precise time barriers:

- Finish swim before 9:05 am (1h10 race)
- End of bike course (transition 2) before 11 a.m. (i.e. 3h05 race, and 1h55 bike ride at an average speed of 22km/h)
- Finish before 12:20 p.m. (i.e. 8h run, 4h30 run at 7.5km/h average speed)

The above time limits take into account the time of the last starters as a reference. Any participant who fails to complete the entire course will be downgraded in the final ranking.

- Half-distance format:

The entire race must be completed in under **8 hours**. For a better organization of the times, here are the precise time barriers:

- Finish swim before 8:40 am (1h20 race)
- End of bike course (transition 2) before 11 a.m. (i.e. 3h05 race, and 1h55 bike ride at an average speed of 22km/h)
- Finish before 12:20 p.m. (i.e. 4h30 run, 1h20 run at 7.5km/h average speed)

The above time limits take into account the time of the last starters as a reference. Any participant who fails to complete the entire course will be downgraded in the final ranking.

- Kidsathlon 6-10 years old: the whole race must be completed in less than **10 minutes**.
- Écoliers 11-13 years old: the whole race must be completed in less than **20 minutes**.

## Article 9 - Timing

The timing is ensured by an official timekeeper using a timekeeping system. All participants will be given an electronic chip (in the form of a bracelet) which will be automatically initialized at the starting line and which will serve as a control of the regularity of the race at various points of the course. A competitor who does not follow the entire route of the event will not be classified at the finish. This can also be controlled by intermediate control mats on the course.

Chip data is collected and processed by the timekeeper. The timekeeper will send the Organiser the results for the ranking. The results will be published on the timekeeper's website, on the federation's website if the race is affiliated and on <https://www.latourgenevetriathlon.ch/>.

If the participant wishes to object to this publication or have it withdrawn, he/she must send his/her request to the Organiser at the following address: [rgpd-suisse@ocgroup.com](mailto:rgpd-suisse@ocgroup.com).

All complaints concerning timekeeping may be made to the Organiser up to one week after the date of the race. Once that week has passed, no changes will be made. Complaints will only be dealt with if a gpx route is valid. The timekeeper reserves the right to reject the time change request if it does not seem valid.

**ATTENTION - The transponder must be given to the volunteers after the finish line. In case of loss of the transponder by the participant, it will be charged 30 CHF.**

## Article 10 - Course

All races will start at the Eaux-Vives beach. The finish lines will be along the Quai Gustave Ador. The organization reserves the right to modify the timetable and/or the course until the day before the event.

## **Article 11 - Traffic on the course**

Motorized vehicles, strollers and pets are strictly forbidden on the course, except those of the organization.

## **Article 12 - Withdrawal**

Competitors who wish to abandon the race must go directly to a member of the organization on the course to hand in his bib **and transponder**.

## **Article 13 - Medical structure**

The medical equipment put in place will be adapted and validated by the competent authorities when the application for authorisation to organize the Event is made.

## **Article 14 - Prize-giving - Categories**

Your official race time will be the time between the start of your race and when you cross the finish line. The ranking will be established with these times.

A classification by age category will also be established. It is reminded that checkpoints will be carried out during the event to ensure perfect conditions of regularity of the race.

The following categories will be on the final ranking:

6 to 10 years old Kidsathlon M6-10/F6-10

11 to 13 years old Schoolboys M11-13/F11-13

14 to 17 years old Age category M14-17/F14-17

18 to 34 years old Age category M18-34/F18-34

35 to 44 years old Age category M35-44/F35-44

45 to 54 years old Age category M45-54/F45-54

55 to 64 years old Age category M55-64/F55-64

65+ years of age Age category M65+/F65



Age category membership is determined by the age of the athlete on December 31 of the year of the competition. For example, an athlete born in 2007 belongs to the age category 18 to 34 because he will be 18 years old in 2025.

### Podiums and prizes

Prizes will be awarded to the first 3 and first 3 overall finishers in each race. They will have access to the official prize-giving ceremony and to the podium, which will take place shortly after their race.

Afterwards, all the results for all the riders will be available on the organizer's official website: <https://www.latourgenevetriathlon.ch/>

### **Article 15 - Event cancellation**

The Organiser may not be held liable to participants for any cancellation or partial or definitive interruption of the Event in the event of a case of force majeure. Participants' registration fees may not be reimbursed and participants hereby waive any claim or request for reimbursement as a result of any cancellation or partial or definitive interruption of the Event.

In particular, all extraordinary, unforeseeable and insurmountable external events, such as earthquakes, wars, states of emergency, fires, floods, storms, epidemics and pandemics declared as such by the WHO, are deemed to be cases of force majeure, blocking of means of transport for any reason whatsoever, total or partial strikes external to the Organization, total or partial regional, national or international blocking of telecommunications or computer networks, decisions, measures and acts emanating from any governmental or administrative authorities.

### **Article 16 - Insurance**

**Individual accident:** the organization recommends that all participants who do not have personal insurance covering their physical injuries, in particular those who are not members of a sports federation, take out individual accident insurance as part of their participation in the event.

**Material damage:** the organizer declines all responsibility for damage (theft, breakage, loss, etc.) to participants' personal property, even if it is in his custody. The participants will therefore not be able to claim against the organizer for any damage caused to their equipment. It is the responsibility of each participant to take out insurance to cover these risks.

### ASSUR CONNECT cancellation insurance

- The participant has the possibility to take out cancellation insurance with Assur Connect until 5 July 2025. The insurance must be taken out at the time of registration and payment and cannot be taken out afterwards.

- Participants wishing to take out this cancellation insurance must click on the link in the confirmation email sent to them on the day of registration to activate their insurance.

Cancellation via ASSUR CONNECT insurance immediately cancels the entire registration. The participant will therefore no longer be able to use any of the services offered by the Organisation du La Tour Genève Triathlon. Subscribing to ASSUR CONNECT insurance creates an insurance contract between the participant and ASSUR CONNECT insurance, but is not binding on the Organisation.

For any claims or questions concerning ASSUR CONNECT cancellation insurance, the participant must contact the following address: [beticketing@assur-connect.com](mailto:beticketing@assur-connect.com).

## **Article 17 - General behavior**

Throughout the Event, each participant must:

- Demonstrate good sportsmanship at all times;
- Be responsible for their own safety and that of others;
- Not use abusive language;
- Not throw rubbish or equipment along the course (except at the feed zones or other designated clean-up areas). Polluting actions, whether caused intentionally or not, may result in additional time.

## **Article 18 - Doping**

The Swiss Olympic regulations concerning doping apply to the event. Tests may be carried out. Participants can consult the information concerning doping on the website: [www.antidoping.ch](http://www.antidoping.ch)

## **Article 19 - Penalties**

In the event of transgression of any of the rules of these regulations, the following penalties may be applied to participants by the Organisation, depending on the seriousness of the transgression:

- Warning to the participant ;
- Time penalty: the participant must stop in a changing area for a period of time corresponding to the penalty;
- Disqualification.

Sanctions will be applied at the Organiser's discretion.

## **Article 20 - Respect for the environment**

Participants are required to preserve the environment, natural areas and biodiversity before, during and after the race and to use the areas provided for waste separation. Penalties may be imposed in the event of non-compliance.

The organization will set up areas identified as "clean zones" near the feed stations. The waste recycling system must be respected by all competitors.

The participant will take all measures to preserve the environment, natural areas and biodiversity before, during and after the race. Any abandonment of cans, waste, various types of packaging or any other type of waste outside the designated clean-up areas is prohibited and will be punished.

## **Article 21 - Image rights**

Participants expressly authorize the Organiser and its beneficiaries, such as partners, service providers, sponsors and the media, to use the moving (audiovisual) or still images (photographs) in which the participants appear.

These moving or still images are taken during their participation in the Event.

These moving or still images may be used on all existing or future media, including promotional and/or advertising and/or institutional media, throughout the world and for an unlimited period.

The participant acknowledges and accepts that the Organiser will record these still and moving images (photographs and videos) and accepts their use as described above.

## **Article 22 - Aerial photography**

All participants in the event certify that they have been informed that on the day of the event, unmanned aircrafts (drones) will be used for filming purposes. Any participant in the event may be within 30 meters of the aforementioned aircraft.

All participants in the event also certify that they have been informed that the operator will set up zones, identified by multicolored markers, which are formally forbidden to the public and participants alike, to allow for a landing in the event of an incident in flight.

## **Article 23 - Data protection**

Personal data concerning Swiss citizens is governed by the new Federal Law on Data Protection (nLPD) which came into force on 1 September 2023.

Personal data concerning European citizens is governed by the General Data Protection Regulation (GDPR) dated 27 April 2016 and entered into force on 25 May 2018. The Geneva

International Triathlon Association and OC SPORT SUISSE Sàrl process personal data for the following purposes:

- Registration and management of participants in the Event (execution of these rules);
- Printing and distribution of race numbers (execution of these regulations);
- Printing and issuing personalized medals (execution of these regulations);
- Timekeeping and publication of results (performance of this contract and opt-out consent);
- Emailing (newsletter) about this Event and similar events offered by the organiser (opt-out consent);

In the context of the performance of these conditions, the data collected will be communicated to the following recipients:

The data collected will only be communicated to

- The Geneva International Triathlon Association
- OC SPORT SUISSE Sàrl
- CHRONOCONSULT (timekeeper)
- Arenametrix (CRM service provider)
- Photo running (photo service provider)
- Njuko (registration management service provider)

Personal data is transferred to France. The transfer of data is governed by an adequacy decision. This decision recognises that data transfers to France do not require the use of transfer tools.

Individuals may access their personal data, rectify it, request that it be deleted or exercise their right to limit the processing of their data. To exercise these rights or if you have any questions about the processing of your data under this scheme, please contact [rgpd-suisse@ocgroup.com](mailto:rgpd-suisse@ocgroup.com).

For further information about your rights or if you wish to make a complaint because you feel that your rights have not been respected after contacting us, you can contact the competent supervisory authority in your country.

## **Article 24 - Applicable law - Jurisdiction**

These rules are governed by Swiss law. In the event of a dispute, the matter will be referred to the competent court under the conditions of ordinary law.

***Participation in the La Tour Geneva Triathlon implies the express acceptance by each competitor of these rules.***